



Available Services

In the event of an emergency please contact our helpline 24 hours a day at (713) 970-7070

BABIES & CHILDREN (Birth - 8 years of age)

Program	How to Access	Information
Early Childhood Intervention (ECI)	(713) 970-4900	ECI provides services designed to assist parents in addressing the needs of young children (less than 3 years of age) with delayed development and/or atypical development. You may apply for ECI services directly by calling the number listed. For more information click here .
ABA-SkIP Skills Intervention Program	(713) 970-7070	ABA-SkIP is designed for children ages 3 - 8 years old with autism or developmental disabilities and delays in language, motor skills, academic skills, play skills, as well as, inappropriate classroom behaviors. For more information click here .
Additional Resources	Beyond ECI: Transition Guide for Families Pre-School Program for Children with Disabilities Siblings Perspectives: Guidelines for parents to help the adjustment of siblings of individuals with autism.	

CHILDREN (School-Age)

Program	How to Access	Information
The New Day School	(713) 970-7070	The New Day School is a TEA-certified alternative day school for students with developmental disabilities and/or emotional illness with behavioral and psychiatric needs. For more information click here .
Transition Services	(713) 970-7699	Transition Services are a coordinated set of activities for a student, designed within an outcome oriented process, that promotes movement from school to post-school activities. You may request transition services directly by calling the number listed. For more information click here .
Additional Resources	A Guide to the Admissions, Review and Dismissal (ARD) Process Bullying: How to identify and what to do Community Parent Resource Centers Special Education Process Step by Step The Future is Coming: Transition Resources for Families	

CHILDREN & ADULTS

Program	How to Access	Information
Applied Behavior Analysis (ABA) Training Services	(713) 970-7070	ABA is designed to help consumers at risk of losing their residence or family stability because of challenging behaviors. Our professional staff use state-of-the-art behavioral methods to help consumers decrease their challenging behaviors and enhance social and self-management skills. For more information click here .
Community Supports	(713) 970-7070	Community supports provides focused skills training in community settings to enhance a person's independence. For more information click here .
Consultative Services	(713) 970-7070	The consultative service program provides specialized speech/language, psychological and behavioral consultations to families and professionals. For more information click here .
Fetal Alcohol Spectrum Disorder (FASD)	(713) 970-7604	The FASD team provides specialized interdisciplinary assessments to identify the effects of prenatal exposure to alcohol. For more information click here .
Harris County Psychiatric Center Liaison Team	(713) 741-6998	The liaison team, located at the Harris County Psychiatric Center (HCPC), serve as consultants for patients with mental retardation and/or autism. For more information click here .
Home and Community Based Services (HCS)	(713) 970-7799	The Home and Community-based Services (HCS) program provides services to individuals with mental retardation who either live with their family, in their own home, in a foster/companion care setting or in a residence with no more than four individuals who receive services. To be placed on the HCS Interest List, you may contact the automated hotline at the number listed. For more information click here .
In Home and Family Support (IHFS)	(713) 970-7799	The In Home and Family Support (IHFS) program provides funding of "last resort" to individuals who are in need of resources to purchase a service(s) or item(s) that is directly related to their mental disability. Persons must meet eligibility criteria. To apply for IHFS services directly, you may contact the automated hotline at the number listed. For more information click here .
Intermediate Care Facility-Mental Retardation (ICF-MR)	(713) 970-8385	The ICF/MR facility is a Medicaid certified program usually housing up to six (6) individuals in a residential group home setting with shift staff. For more information click here .

Respite Care	(713) 970-7070	Respite Care provides short term temporary or intermittent direct care of a child or adult, either in-home or out-of-home. For more information click here . <ul style="list-style-type: none"> • In-Home Respite - Families choose their own respite provider (friend, relative, etc.) who provides this service within the individual's home. • Out-of-Home Respite - The individual/family is given a choice of respite services, from a list of contracted providers. The program can be used for overnight or daytime stays.
Specialized Therapies and Rehabilitative Services (STARS)	(713) 970-7070	The STARS clinic provides psychiatric, psychological, nursing and behavioral support services for people with mental retardation and mental illness, or autism spectrum disorders. For more information click here .
Texas Home Living Waiver (TxHML)	(713) 970-7070	The TxHmL Program provides services and supports to Texans with mental retardation or a related condition so that they can continue to live with their families or in their own homes. For more information click here .
Training & Community Outreach Services	(713) 970-7699	The Training and Community Outreach program provides appropriate training to external contracted providers (i.e. general revenue, waiver providers). Outreach services are inclusive of attendance at fairs, community presentations, and working collaboratively with Independent School Districts within Houston and surrounding areas. For more information click here .

Additional Resources

[Diagnosis vs. Disability Category: Defining Eligibility](#)

[Family Resource Guide](#)

[Family Supports](#)

ADULTS (18 years of age +)

Program	How to Access	Information
Adult Development and Psychiatric Treatment (ADAPT)	(713) 970-7070	ADAPT is an intense, time-limited day program for adults with mental retardation and severe, complex behaviors. For more information click here .
Behavior Treatment Program (BTP)	(713) 970-7070	BTP is a short-term, 24-hr training program for adults with mental retardation and severe, complex behaviors. For more information click here .
Coffeehouse	(713) 970-7070	The Coffeehouse provides "Drop in" social skills and communication training for adults with Asperger's Disorder or autism and limited cognitive delays. For more information click here .
Employment Services	(713) 970-7070	Employment Services offers job placement and job-coaching for adults . Individuals learn job readiness skills and then put those skills to use in finding the community job that is best suited to their needs. For more information click here .
Site Based/Day Habilitation	(713) 970-7070	Structured day activity programs provide services to assist in the development, retention, and/or improvement of skills necessary for community living. For more information click here .

Vocational Training

(713) 970-7070 Provides training to assist individuals to become employed or to increase skills in daily living.
For more information [click here](#).

Additional Resources

[Helping Young Adults with LD Transition to Employment](#)

[Resource Guide on Higher Education for People with Disabilities](#)

[The Next Step: Higher Education Video](#)

[Think College: Post Secondary Education for Students with Intellectual Disabilities](#)

[Vocational Rehabilitation for Persons with Disabilities](#)

How to Access Services

- **Step 1:** The parent, legal guardian, primary caregiver, or person in need of services can call MHMRA Access Center at (713) 970-7070.
- **Step 2:** Once the referral is received from the Access Center, an Eligibility Coordinator will explain what documents are needed and how you can get them. For more information [click here](#).
- **Step 3:** After your documents are received, if necessary you will receive a [Determination of Mental Retardation Assessment \(DMR\)](#) to determine your eligibility for services.
- **Step 4:** A Business Office staff member will discuss possible fees that may apply and assist with obtaining benefits for which you may be eligible.
- **Step 5:** If you are eligible for services, a Service Coordinator will be assigned to help you and your family to understand your rights and available benefits.