

## ADULTS (18 years of age and older)

**Adult Skills Day Habilitation (ASk):** ASk is a structured day habilitation program for adults aimed at assisting individuals in developing the skills necessary to enhance their independence and quality of life.

**Coffeehouse:** The Coffeehouse provides "drop-in" social skills and communication training for adults with Asperger's Disorder or autism and limited cognitive delays.

**Employment Services:** The Employment Services Program is a job placement and job-coaching program for adults. Individuals learn job readiness skills and then put those skills to use in finding the community job that is best suited to meet their abilities and needs.

**IDD Dual Diagnosis Service:** The IDD Dual Diagnosis Program is an intense, time-limited clinical day program for adults with a co-occurring developmental disability and mental illness. We help our consumers manage symptoms of mental illness so that they can make better use of available community resources and live and work in the community with greater independence.

\*Services are provided through both public and private contract providers.



### If you feel that you have been:

- Treated Unfairly
- Denied Needed Services
- Denied Accommodation to meet your special needs
- Unable to resolve a complaint about services

### Contact:

**Mental Health and Mental Retardation  
Authority of Harris County  
Rights Protection Officer**

P.O. Box 25381  
Houston, Texas 77256-5381  
24-hour line: (713) 970-7742  
Texas Relay (TDD) 1-800-735-2989

**Texas Department of Aging and Disability  
Services (DADS)**

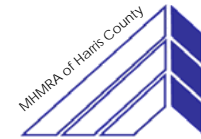
701 West 51st Street  
Austin, Texas 78751  
1-800-458-9858  
Texas Relay (TDD) 1-800-458-9858

**Advocacy, Incorporated**

1500 McGowen Street, Suite 100  
Houston, Texas 77004  
(713) 974-7691  
Texas Relay (TDD) 1-800-735-2989

### For more information regarding services, you may:

- Call (713) 970-7070
- Visit our website at: [www.mhmraharris.org](http://www.mhmraharris.org)



7011 Southwest Freeway | Houston, Texas 77074  
24 hour helpline - (713) 970-7070

## Intellectual Disability & Autism Services



Helping Individuals Reach  
New Heights

Visit us online:  
[www.mhmraharris.org](http://www.mhmraharris.org)

## Can I Receive Services?

You can receive services if you are a person with an Intellectual Disability or Autism Spectrum Disorder living in Harris County.

## How Can I Receive Services?

- **Step 1:** The parent, legal guardian, primary caregiver, or person in need of services can call MHMRA Access Center at (713)970-7070.
- **Step 2:** Once the referral is received from the Access Center, an Eligibility Coordinator will explain what documents are needed and how you can get them. You may also view this information on our website ([www.mhmraharris.org](http://www.mhmraharris.org)).
- **Step 3:** After your documents are received, if necessary you will receive a Determination of Mental Retardation Assessment (DMR) to determine your eligibility for services.
- **Step 4:** A Business Office staff member will discuss possible fees that may apply and assist with obtaining benefits for which you may be eligible.
- **Step 5:** If you are eligible for services, a Service Coordinator will be assigned to help you and your family to understand your rights and available benefits.



Call the MHMRA Access Center at (713) 970-7070 or visit us online  
24 hours a day/7 days a week

## What Services Can I Receive?

### BABIES & CHILDREN (Birth - 10 years of age)

**Early Childhood Intervention (ECI):** ECI provides services designed to assist parents in addressing the needs of young children (less than 3 years of age) with delayed development and/or atypical development.

**Skills Intervention Program (SkIP) - ABA:** Skip is designed for children ages 3-10 years old with autism or developmental disabilities and delays in language, motor skills, academic skills, play skills, as well as, inappropriate classroom behaviors.

### CHILDREN (School- age)

**Transition Services:** Services include a coordinated set of activities for students aimed at promoting a successful transition from school to post-school activities, programs and independent involvement within the community.

### CHILDREN & ADULTS

**IDD Consultation and Liaison Team:** The liaison team, located at the Harris County Psychiatric Center (HCPC), serve as consultants for patients with an intellectual disability and/or autism spectrum disorders.

**Home & Community Based Services (HCS):** HCS is a Medicaid waiver program that provides services to individuals who either live with their family, in their own home, in a foster/companion care setting or in a residence with no more than four individuals who receive services.

**Intermediate Care Facility (ICF-MR):** The ICF-MR program provides ongoing evaluation, individual program planning, as well as 24-hour supervision, coordination, and integration for health or rehabilitative services to help individuals function to their greatest ability.

**Respite Care\*:** Respite Care, designed to relieve family of continuous care, provides temporary/intermittent direct supervision of a child or adult, either in-home or out-of-home.

**Specialized Therapies & Rehabilitative Services (STARS):** The STARS clinic provides psychiatric, nursing, behavior analytic, psychological and social work counseling services to children and adults with intellectual disabilities including autism, and co-occurring psychiatric conditions or severe behaviors.

**Texas Home Living Waiver (TxHML):** TxHmL offers services to support people who live in their own homes or with their families. TxHmL services are intended to supplement instead of replace the services and supports a person may receive from other programs or from natural supports such as family or community organizations.

**Training & Community Outreach:** The Training & Community Outreach program works collaboratively with families, professionals and other community entities to provide information on available MHMRA services. Staff can be requested to provide in-services, attend fairs, ARDs, and/or community presentations.

### M H M R A is on the web

Our interactive site allows consumers and families to access and explore the latest information regarding services for persons with intellectual and developmental disabilities.

#### The site includes information about:

- Available Services & Eligibility Criteria
- Lists of HCS and ICF-MR providers in Harris county
- Provider brochures
- Virtual Provider Fair
- Guardianship information
- Service Locator
- Announcements of fairs, meetings, and presentations  
*and much more...*

[www.mhmraharris.org](http://www.mhmraharris.org)