



ESCAPE
FAMILY RESOURCE CENTER

ESCAPE Family Resource Center

3210 Eastside Street, Houston, TX 77098

713-942-9500

www.escapefrc.org

ESCAPE was founded in 1983 by area chapters of the National Exchange Club. We are a 501 © 3 nonprofit, privately supported agency dedicated to teaching parents how to honor and cherish their children.

“Home Improvement Classes for the Entire Family”

ESCAPE has a variety of parenting skill enhancement programs. Each program can be facilitated with the entire family or with parents only to accommodate the need. Some programs fees do apply; please call **713-942-9500** for further information. Se habla español.

ESCAPE offers the following programs:

Building Confident Families – 14 hours (7 wks x 2 hr classes)

Sessions include: Handling family stress, understanding family behaviors and linking them to needs, listening and communicating with the heart, solving family problems, discipline without punishment, family safety and dreams.

Building New Beginnings—9 hours (6 wks x 1.5 hr classes)

This program focuses on families that are going through a separation and/or where custody of the children is in dispute. Program teaches co-parenting skills, teaching families how to deal with living in two households.

Cablispainian – 14 hours (7 wks x 2 hr classes)

This course focuses on educating parents that are newly migrated to the United States, and are raising multi-racial and multi-cultural children. Session topics include: the story of my culture, experiencing another culture, values/beliefs, cultural identity, handling prejudice, and family safety and dreams.

Circle of Love – 14 hours (7 wks x 2 hr classes)

This program is for grandparents or other relatives who are rearing grandchildren or other kin, or those seeking to become foster and/or adoptive parents. Focus is on enlarging that circle of love, which provides continuity, lessens the trauma of separation and nurtures the cultural background of the child by providing knowledge skills, and support to the caregiver and child as a family.

Dads Count – 10.5 hours (7 wks x 1.5 hr classes)

This program focuses on teaching fathers parenting skills for responsible fatherhood when a separation has occurred and how to reincorporate themselves appropriately back into their children’s lives.

Exceptional Parenting – 14 hours (7 wks x 2 hr classes)

This course deals with parents who are raising children with disabilities. Session topics include: Understanding the grieving process, self-care, celebrating their child, focusing on family needs, learning essential skills needed to communicate and advocate with other professionals, and safety planning.

Families and Divorce – 4 hours (1 or 2 class sessions)

This program focuses on providing coping skills to families when a divorce has occurred. It provides information on the emotional effects on parents and children, adjustment issues, and focuses on co-parenting skills.

Parent Aide – One year service commitment

Parent Aide Mentors provide one-on-one guidance to families wanting to increase their parenting skills through a home visitation program.