

ABA-SKIP

ABA*SkIP is a program offered by MHMRA of Harris County funded through a grant from the Department of Assistive and Rehabilitative Services (DARS). The program provides applied behavior analysis services to children ages 3 – 9 with a diagnosis of Autism in a 120-day model that also focuses on parent training. Kids attend either of two classes – morning or afternoon – for 90 days and the parents participate in a parent training curriculum designed to teach them the ABA skills that they can use after the children finish the program. Two Board Certified Behavior Analysts (BCBA) develop individualized programs for each child and supervise staff that implements those programs in the classroom. Our program works to increase social skills, communication skills, self-help skills, academic skills, and language skills as well as to decrease any problem behaviors. ABA-Skip is a great opportunity for a child to prepare to enter the public school system.

ABA-SKIP Mission

We envision our consumers as citizens who:

- are happy with their home lives, friends, families and relationships.
- learn new ways to respond to environmental stressors which contribute to their inappropriate behaviors.
- successfully meet their needs as independently as possible.
- remain socially appropriate in family and social activities.

- continue to improve their functional living, communication, and social skills.

With the help of our services, each person with challenging behavior will have the opportunity to improve their quality of life by gaining new skills and living a more productive life.

ADMISSION CRITERIA

- Children need to be between the ages of 3 and 9
- Documentation of a diagnosis on the Autism Spectrum
- ABA-Skip utilizes a cost share system in which families pay a portion of the monthly cost and DARS pays the balance. A financial assessment will be completed upon admission.

ABA*SkIP services are provided to children ages 3-9 with diagnosis of:

1. Autism Spectrum Disorders/Pervasive Developmental Disorders and/or
2. Mental Retardation with or without a co-occurring psychiatric illness.

ABA*SkIP Services provided are:

1. Short-term (120 days) services to assess skill development, develop effective programming, and train parents/caretakers in ABA techniques.
2. Based on scientific research.
3. Focused on increasing skills while reducing any problem behaviors.
4. Time-limited and data-based.

Our ABA*SkIP treatment team is comprised of staff with 30+ combined years of experience serving people with challenging behaviors, Autism Spectrum Disorder, Mental Retardation and Mental Health issues.

HOW TO ACCESS ABA*SKIP Services

1. Persons already receiving MHMRA services may request ABA*SkIP Services through their assigned MR Service Coordinator.
2. Persons new to MHMRA may request services by calling the MHMRA of Harris County Access Center at 713-970-7070.

Mission Statement of MHMRA of Harris County

It shall be the mission of MHMRA of Harris County within the resources available, to provide or ensure the provision of services and supports that are as high quality, efficient, and cost effective as possible such that persons with mental disabilities may live with dignity as fully functioning participating, and contributing members of our community, regardless of their ability to pay or third party coverage.

Rights Protection Office

*If you feel that you have been unfairly treated, have been denied services or have been denied accommodation by **MENTAL HEALTH MENTAL RETARDATION AUTHORITY OF HARRIS COUNTY**, or if you are unable to resolve a complaint regarding your services with MHMRA staff person, or their supervisor, you may contact the following Rights Protection Offices.*

**MENTAL HEALTH MENTAL
RETARDATION OF HARRIS
COUNTY**

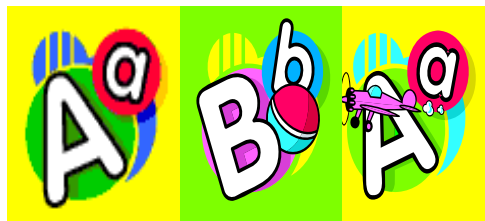
Rights Protection Officer,
P.O. Box 25381
Houston, TX 77265-5381
(713) 970-7742 (24 hours)

**DEPARTMENT OF AGING AND
DISABILITY SERVICES (DADS)**

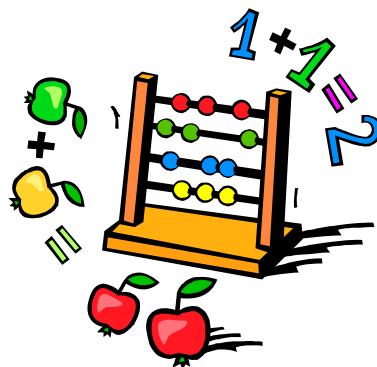
Office of Consumer Services and Rights
Protection
P.O. Box 12668
Austin, TX 78711-2668
1-800-252-1854

Advocacy, Incorporated

7757 Harwin, Suite 100
(713)974-7691
Voice or TDD 1-800-880-0821



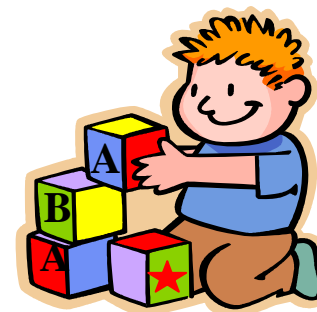
**All complaints are handled confidentially.*



ABA*SKIP

Applied Behavior Analysis & Skills Intervention Program

*Providing services to individuals between the
ages of 3 and 9 diagnosed with Autism
Spectrum Disorder/Pervasive Developmental
Disorders (PDD), and/or Mental Retardation.*



MENTAL HEALTH · MENTAL RETARDATION
AUTHORITY OF HARRIS COUNTY

**Mental Health Mental Retardation
Authority of Harris County**
3630 W. Dallas
Houston, TX 77092
Phone: (713) 970-7930
Fax: (713) 970-8542

www.mhmraharris.org/MRSD/SkIP.htm