

Activities Of the Program



Skill Building to include:

Coping Skills

Anger Management

Impulse Control

Task Orientation

Problem Solving

Community Rehearsal

Outings

Small Group Sessions

Psychological and

Psychiatric Assessment
and Treatment

Nursing Services

Medication Monitoring

Rights Protection Office

If you feel you have been unfairly treated, have been denied needed services or accommodation by the Mental Health Retardation Authority of Harris County (MHMRA), or if you are unable to resolve a complaint regarding services with your MHMRA staff person, or their supervisor, you may contact the following Rights Protection Offices:

Mental Health Mental Retardation

Authority of Harris County

Robert Stakem, Jr.

Rights Protection Officer

P. O. Box 2381

Houston, TX 77265-5381

713-970-7000 (24 hours)

Texas Department of Aging and Disability Services,
Office of Consumer Services and Rights Protection

P. O. Box 12668e

Austin, TX 78711-2668

1-800-252-1854

Public Responsibility Committee For MHMRA

P. O. Box 6617

Houston, TX 77265

*Committee members are not employees
of MHMRA



ADAPT Adult Developmental and Psychiatric Treatment



For More Information about the
services provided or questions please
call:

Roni Jo Frazier, M. Ed.

Program Director

713-970-8344

roni.frazier@mhmrharris.org

www.mhmrharriscounty.org/MRSD/btp.htm

What is ADAPT

The ADAPT Program is a day habilitation treatment for adults with dual diagnoses for mental retardation and mental illness. It is designed to assist consumers in developing coping and self-management skills and accessing community resources needed to learn, work, and live as contributing members of the community.

Day habilitation is a structured schedule of therapeutic activities designed to help each consumer to develop the skills necessary to maintain stable behavior in various community settings. The schedule includes group and individual training, while continually reassessing the person's progress toward his/her individual goals.

Our treatment interventions are uniquely designed to meet the needs of adults 18 years of age and older experiencing behavioral and emotional problems which impede their daily life, work, relationships or physical wellness. The therapeutic plan of care allows options for continuous treatment and transitional planning based upon each individual's goals and personal growth.



Who we Serve:

Appropriateness for BTP is determined on an individual basis through clinical assessment conducted by the ADAPT team. ADAPT serves adults, ages 18 and older, with severe problem behaviors, who also have one or both of the following: Mental Retardation or Pervasive Developmental Disorder such as Autism.



How long does the program last?

Length of enrollment in ADAPT is based upon the individual's progress and behavior support needs as identified by the interdisciplinary treatment team. The next setting may include work, social activities, or other options agreed upon by the consumer, legal representative, and recommendations from the treatment team members.

How to access the services provided at ADAPT:

The first step in the application process is to contact the consumer's Service Coordinator and request a referral. If the consumer does not have a Service Coordinator from the Mental Retardation Division, the consumer needs to call the Eligibility center for an intake assessment and evaluation. Once this is done the Service Coordinator will meet with you to determine if ADAPT is what you and your loved need at this time. Once this is done the Service Coordinator will send ADAPT your packet of information and an interview with the ADAPT team will be scheduled.

You can call 713-970-7000 to access MHMRA of Harris County Services.

ADAPT Management Team

Rodney Keller
Direct Care Manager

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Program Director

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Assistant Deputy Director